



50 Paleo Pizza Recipes: Your Pizza Cravings Satisfied . the Paleo Way!

By Tammy Lambert

Createspace Independent Publishing Platform, United States, 2014. Paperback. Book Condition: New. 279 x 216 mm. Language: English . Brand New Book ***** Print on Demand *****.What This Book is All About Craving pizza on a strict diet? Don t want to break your record of a few successful days of no-carb diet but can t stop dreaming about the cheesy goodness of your favorite meal? What if you can enjoy your favorite food and still maintain your diet? This book is perfect for you. You can satisfy your pizza needs with these Paleo pizza recipes. A Paleo diet is a healthy way of staying fit. This diet ensures you eat a nutritional meal which helps you in staying energetic, strong and healthy. Paleo diet is filled with refined food and helps prevent degenerative diseases like depression, cancer, obesity, infertility, heart diseases and more. This book contains 50 Paleo pizza recipes which anyone can easily make, as well as: a)Details about Paleo Diet b)List of Paleo food items c)Paleo pizza crust recipe Some of these recipes contain pizza dough making directions as well. While the rest of the topping recipes can be used with the pizza crust recipe mentioned in the...



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