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What Color Is Your Brain Scan?: The Answers Are in Your Head and Habits

By MR Jim Rauth

Createspace, United States, 2013. Paperback. Book Condition: New. 203 x 127 mm. Language: English . Brand New Book ***** Print on Demand *****. This book is dedicated to my four friends who died of addiction before age 28, author Jim Rauth. Are you an egg or a wheel? Rauth's book asks readers in a unique quiz designed to recognize eight specific attributes of one's life in order to observe what areas are their strengths and in what areas a person may lack. The quiz divides a circle (or a wellness wheel) into eight dimensions and suggests that when properly balanced the wheel could roll easily throughout one's life like a steam train. When one or more of these eight dimensions are unequal with the other, due to an imbalance with a particular aspect of a person's life, this shape turns into an oblong or egg-like shape; which does not help with the forward momentum many of us could benefit from. Personal empowerment can mean a lot of things to each person, but recognizing one's strengths and strengthening one's weaknesses entails a level of personal insight that is nothing less than powerful. - MATC TIMES...



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Reviews

Extremely helpful for all class of people. We have read through and that i am confident that i am going to going to read through again again down the road. Its been designed in an exceedingly basic way in fact it is simply following i finished reading this pdf in which in fact altered me, alter the way i think.

-- Noel Stanton

Absolutely one of the best pdf We have ever read. I really could comprehended every little thing using this written e book. I am easily could get a satisfaction of reading a written publication.

-- Dr. Odie Hamill

Relevant Kindle Books



Klara the Cow Who Knows How to Bow (Fun Rhyming Picture Book/Bedtime Story with Farm Animals about Friendships, Being Special and Loved. Ages 2-8) (Friendship Series Book 1)

Createspace, United States, 2015. Paperback. Book Condition: New. Apoorva Dingar (illustrator). Large Print. 214 x 149 mm. Language: English . Brand New Book ***** Print on Demand *****. Klara is a little different from the other cows, because she has a very special...



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String Letter Publishing, 2010. Paperback. Book Condition: New.



Some of My Best Friends Are Books : Guiding Gifted Readers from Preschool to High School

Book Condition: Brand New. Book Condition: Brand New.



Baby Whale's Long Swim: Level 1

Sterling Publishing Co Inc, United States, 2012. Paperback. Book Condition: New. 224 x 150 mm. Language: English . Brand New Book. When spring comes, a baby calf gray whale and his mother head north to find food-all the way from Mexico to...



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