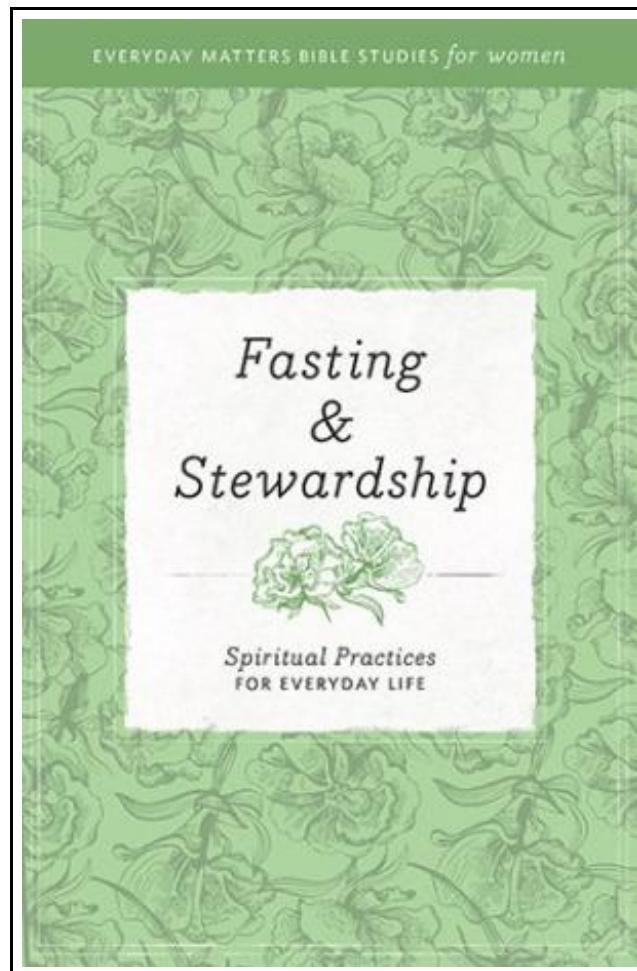


Fasting & Stewardship: Spiritual Practices for Everyday Life



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Hendrickson Publishers Inc. Paperback. Book Condition: new. BRAND NEW, **Fasting & Stewardship: Spiritual Practices for Everyday Life**, Hendrickson, The Everyday Matters Bible Studies for Women series explores twenty-four spiritual disciplines rooted in God's word, geared to draw us closer to him and enrich spiritual formation. But of those twenty-four, two in particular are in danger of becoming far too seasonal in our faith life. Both fasting and stewardship are all too often brushed aside and held at a distance to practice at some point. Yet these two "holy habits" are far richer and more valuable than we often allow. Both call us to focus on doing God's will rather than our own, acknowledging the resources he has given us and responding in supplication and gratitude. Learn from Scripture and spiritual giants who have gone before us how fasting is part of the way we express our dependence on God, how being a steward is really about reflecting God's glory with our lives, and how integral these two spiritual practices are to the Christian's walk. The purpose of this study guide series is to help you use spiritual practices to make your own life richer, fuller, and deeper. It can be used as a stand-alone Bible study guide for groups or individuals, or as a companion alongside the **Everyday Matters Bible for Women**. The twenty-four spiritual practices in this series are Acceptance, Bible Study & Meditation, Celebration, Community, Confession, Contemplation, Faith, Fasting, Forgiveness, Gratitude, Hospitality, Justice, Mentoring, Outreach, Prayer, Reconciliation, Sabbath & Rest, Service, Silence, Simplicity, Solitude, Stewardship, Submission, and Worship.

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